



**BACK IN BLACK**  
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BID FOR BAIL {page 7}

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# ALL A-LOHAN

## JAIL SENTENCE PUTS PROJECTS IN DOUBT

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HALIFAX

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Thursday, July 8, 2010  
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**Spain. Victory**



► Spain's Carles Puyol, right, celebrates with teammates Gerard Pique, top, and Joan Capdevila during their World Cup semifinal soccer match against Germany yesterday. More coverage, pages 6, 20.

IVAN SEKRETAREV/THE ASSOCIATED PRESS

## Spain to join Netherlands in final

Spain cemented their place in the World Cup finals yesterday with a 1-0 victory over Germany. The fight for the title will take place Sunday. Neither team has ever taken home a World Cup championship.

## Canadian icons join forces

Roots, author Coupland create  
Canuck-inspired line {page 16}

## Free Lebanese fest kicks off

Food, dancing, contests — and  
did we mention food? {page 4}

# Part-time sheriffs' hours cut

► Move does not affect Halifax, Dartmouth, Sydney or  
Bridgewater positions ► Justice department says there's  
no increased risk to public safety, but critics disagree



ALEX  
BOUTILIER  
HALIFAX@METRONews.CA

Nova Scotia's Justice Department is reducing the number of hours for casual and part-time sheriffs.

Twenty-three of the 190 sheriffs working in the province's courts will be affected by the reduction, according to department spokeswoman Jennifer Gavin.

"That's reduced guaranteed hours," said Gavin. "(Part-time) sheriffs will have the opportunity for relief assignments."

Gavin cited a 2007 agreement with the sheriffs union that converted some casual positions to permanent status, in order to allow part-time workers to enjoy the status of permanent ones.

Gavin was adamant, however, that the reduction would "absolutely not" put the public at risk. "Our staffing levels will remain in a place that is safe and secure for all Nova Scotians," said Gavin. "There's no safety risks whatsoever."



METRO HALIFAX

**"I think it's very inappropriate to even consider reducing any sheriffs' hours ... I'm really concerned that if there's a reduction in service for the sheriffs, it could jeopardize public safety."**

MLA MURRAY SCOTT



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# MLA spending watchdog OK's exemption on donations, ads

A new all-party commission created to monitor MLA spending OK'd an exemption allowing politicians to play by the old rules a little longer.

Any member with leftover funds from the period of Jan. 1 to March 31 of this year will be allowed to spend them on donations and advertising — two

things severely limited after the MLA expense scandal.

Members will have until the end of the year to make use of the funds.

As of April 1, members are not permitted to spend more than 10 per cent of their yearly constituency allowances on political advertising.

**"This seems to be, very clearly, an end-run around the 10 per cent limit on advertising ... If I was a member of the public looking at that, I think I'd be very cynical."**

**LIBERAL MLA ANDREW YOUNGER**

But deputy premier Frank Corbett asked the province's management committee to allow the exemption yesterday morning.

Corbett said he did not have a problem with letting members spend old money under the old rules.

"Why not?" he said. "It's not uncommon for people to carry money forward for months at a time, and it's available to them and they're going to use it. They will use it wisely."

● ALEX BOUTILIER

# Mix-ups in justice system, escape attempt and stabbing

► A number of incidents involving high-profile criminals have led to public scrutiny of the provincial justice department



ALEX BOUTILIER  
@METRONEWS.CA

It was reported on Tuesday that the infamous Halifax crime figure Jimmy Melvin Jr. was stabbed in the face in a Canada Day jailhouse brawl.

A week earlier, Jermaine Carvery, who famously escaped Halifax police in 2008, attempted to break out of the Central Nova Scotia Correctional Facility.

On Monday, a Dartmouth judge was forced to release a convicted sex offender, 22-year-old Robert Thomas Crowe, onto the streets due to a paperwork mix-up.

## Actions

A spokeswoman for the justice department said workers were disciplined.

► **Performance issues** On Monday, justice department spokeswoman Sherri Aikenhead told Metro nine employees had been disciplined at the Central Nova Correctional Facility due to "performance issues" identified over the course of a probe into the suicide of inmate David Alexander Nowogorski. Aikenhead refused to enter into detail, but revealed the issues were not isolated to Nowogorski's death.



► Jermaine Carvery in this Dec. 17, 2007, Daily News file photo. Carvery made a recent escape attempt from the Central Nova Scotia Correctional Facility.

## HRM on lookout for new CAO

HRM is in search of a new chief administrative officer.

The municipality issued a statement last evening from Dan English about his decision to step down as CAO.

"It is with mixed emotions that I share this news as I have thoroughly enjoyed the last five years as CAO of Halifax Regional

Municipality," English's statement read.

No reason was given, but the statement ended with English stating he was looking forward, "to continuing to support and advocate for the growth of our city in my future undertakings." Deputy CAO Wayne Anstey will now serve as interim chief.

● PHILIP CROUCHER



► Dan English

## News in brief

### No foul play in death: Police

**LORNE.** Police say foul play is not suspected in the death of an 80-year-old man in northern Nova Scotia.

The man was found dead Tuesday at a residence in Lorne. Pictou County RCMP

went to the home after receiving a call at about 8:15 p.m.

THE CANADIAN PRESS

### House prices rise: Survey

**REAL ESTATE.** House prices in Halifax are rising again, a new survey revealed.

The average price of a detached bungalow is now at \$250,000.

● ALY THOMSON

# 1

news



## News on the move

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**Sweltering Montrealers cool off with snowball fight, courtesy of a local radio station. Video at [metronews.ca/canada](http://metronews.ca/canada)**

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# QEH to be an urban farm?



**ALEX BOUTILIER**  
HALIFAX@METRONEWS.CA

Capital Health is asking for public input on what to do with the land currently occupied by Queen Elizabeth high school.

The former school is set to be demolished by the spring of 2011. The property, located at the intersection of Bell Road and Robie

Street, has been promised to Capital Health by the province for a future hospital expansion.

But any expansion is likely several years away, and Capital Health doesn't want the property to sit empty.

Spokesman John Gillis said he thinks the land could be used for a temporary urban farm, promoting fresh and local produce.

"We're committed as an organization to healthy lifestyles and healthy food," said Gillis. "We'll have this plot of vacant land at our disposal for some period of time, so why not use it as a place to show off how you can grow healthy food."

Gillis said he does not know what quality of the soil at the location is, and the farm idea is still in its early stages.

## Have your say

In the coming months, Capital Health will be providing opportunities for the public to offer opinions in on what function the property on Bell Road and Robie should serve, prior to a future hospital expansion. You can weigh in any time at participate @cdha.nshealth.ca.

## News in brief

### Cops issue warning

**SUSPICIOUS.** Police are on the lookout after a woman on Shirley Street noticed someone watching her yesterday morning.

The woman was awoken between 4 a.m. and 5 a.m. by a

movement outside her bedroom window. She didn't see anyone, but police found footprints in the grass.

Police are warning residents to lock their doors and windows for the night and to call them if they see anything suspicious.

● JENNIFER TAPLIN



metronews.ca

# Living it up at Lebanese fest

► Free four-day event begins at Olympic Community Centre today



**ALEX BOUTILIER**  
HALIFAX@METRONEWS.CA

This year's Lebanese Festival packs in more events than lamb in a shawarma.

The festival, now in its ninth year, features everything from traditional Lebanese dance competitions to a water-drinking tournament — in addition, of course, to the food.

Festival spokeswoman Christina Israel said this year's event also includes a lottery in which festival goers can win trips to Lebanon or New York City.

Israel added Sunday's World Cup final game between the Netherlands and Spain will be broadcast on several big screen televisions rented for the occasion.



► The Lebanese Festival junior high dancers rehearse at the Olympic Community Centre yesterday. The ninth annual Lebanese Festival begins today with a 4 p.m. blessing of the festival site.

RYAN TAPLIN/METRO HALIFAX

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# Travellers arrive in N.S., not Oz

► Not the first time the two Sydneys have been confused

It's happened again: Travellers from another continent arriving in Sydney, N.S., when they're supposed to be in Sydney, Australia.

Valerio Torresi, 26, and Serena Tavoloni, 25, of Italy landed in the Cape Breton city Tuesday night when they thought they had booked tickets for

Down Under.

"I think it was a joke, then fear," Torresi said last night when asked about his reaction to learning they were in Canada, not Australia.

The couple's travel agency in Italy made the error and the couple spent the day trying to correct it, and to see the sights with

the help of an Italian-speaking resident to translate.

A local restaurant gave the couple their first-ever lobster dinner and they were given a free room at a Day's Inn.

Torresi said they have been overwhelmed by the hospitality and warmth of the people.

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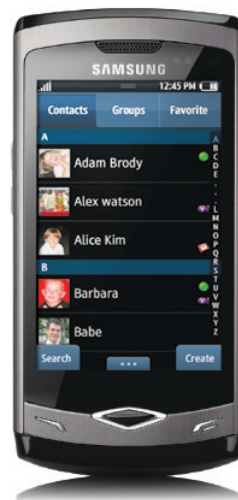
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## ROAD WIDENING

**HRM buys homes along Bayers Rd.**

The Halifax Regional Municipality purchased two homes on Bayers Road along the route of a potential road-widening project.

A public hearing was held 18 months ago concerning the widening of the Highway 102-

Bayers Road corridor, but the proposal has yet to be approved by council.

If approved, the construction of five or six lanes between the CN rail overpass and Connaught Avenue will likely be implemented over the next 30 years.

The municipality said it is only buying houses as they are being offered.

The project is being examined because population growth is expected in west and south Bedford.

● ALY THOMSON

**Liberals assign new MLAs to their posts**

The Nova Scotia Liberals have handed the two newest members of the House of Assembly their portfolios.

Yarmouth MLA Zach Churchill was named economic and rural development critic.

Glance Bay MLA Geoff MacLellan will be serving as the community services critic, and will also be responsible for the sports and recreation commission.

The cub MLAs were officially sworn in on Tuesday, both coming off decisive victories in last month's byelection. Churchill and MacLellan bring the total number of Liberal seats up to 12.

The Liberals also ap-

pointed Dartmouth-East MLA Andrew Younger to be their deputy leader of the House behind veteran MLA Manning MacDonald.

Younger said he hopes to work with the government in order to further the official Opposition's legislative agenda.

"I'm looking forward to trying to help make the House work," said Younger.

"It's going to be our goal to try and convince the government that some of our legislative agenda should be considered by them ... through incorporating our proposals in their own legislation or by calling some of our stuff for a vote."

● ALEX BOUTILIER

**Germany backers root their team on**

► Tonya Wimmer cheers on the German squad as she watches yesterday's World Cup semifinal game against Spain on the Niche Lounge outdoor patio.

RYAN TAPLIN/METRO HALIFAX

- Germany loses to Spain 1-0
- Spain will play Netherlands in World Cup final on Sunday



ALY THOMSON  
HALIFAX@METRONWS.CA

For Oliver Henninger, watching Germany during the World Cup isn't just about football, it's about unifying the nation.

"The Germans have a hard time showing that we love our country," he said yesterday at Niche in downtown Halifax. "Wearing our colours and having our flags ... it's not so usual for us."

Henninger, 37, came to Canada two years ago after meeting his girlfriend while travelling. He said he's a little homesick watching the action so far from home.

"It means more than just a football game," he said, holding a bucket of beer in one hand and a German flag in the other. "The world championships are always big in Europe."

More than 100 people crammed onto the Niche patio yesterday to watch the semifinal match between Germany and Spain. Fans who weren't lucky enough to find a seat blanketed the floor, stairs and even stood in the blazing sun.

**"I will always be German and my German roots are coming through today."**

OLIVER HENNINGER, FAN

Bettina Saier, 42, played hooky from work to catch the match, not unlike her fellow Germans, she suggested.

"I think its eight million people ... The country loses because people stay at home and watch the game," she said, sporting German face paint and ribbons.

Saier, who came to Dalhousie University from Germany in 2001, echoed Henninger's German spirit.

"It's just good to see all the different nations and the German team playing together peacefully," she said after clinking beers with a fellow fan.

Unfortunately for German fans, their team failed to advance.

However, Spain fan Kate Browning was ecstatic about her team's victory. She said she loves the country and the team and is hoping for Spain to win it all.

**Beware of online car scam: Cops**

Police are warning people of an online car selling and buying scam.

The suspect buys a car online with a fraudulent cheque, re-posts the vehicle for a lower price and sells the vehicle for

cash. The original seller reports the car stolen, the vehicle is returned and the buyer loses the money paid.

Police ask that when buying a car online, confirm the identity of the person with photo identification and do not purchase the car unless the person selling it is the registered owner.

● ALY THOMSON

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## SERIAL KILLINGS

**'Grim Sleeper' case cracked?**

Police in Los Angeles made an arrest yesterday in the so-called "Grim Sleeper" serial killings in which a man is believed to have killed 11 people since 1985.

A law enforcement official did not immediately provide a name or other details.

Detectives have spent years probing at least 11 slayings between 1985 and 2007 in which the killer targeted young black women and one man.

The killer was dubbed the "Grim Sleeper" because he apparently took a 14-year hiatus in his crimes.

Dozens of police offi-

cials closed off a block around the 81st Street house where the arrest was made in South Los Angeles.

Neighbours described the man who lives there as friendly and quiet. They said he was often seen working on cars in his front yard and would sometimes stop to chat with passersby.

"He's a very good guy. I don't believe it," said Andre Wynn, an area resident.

**As many as 30 detectives investigated the slayings in the 1980s but exhausted leads within a few years.**

The case has dogged police even though they had the killer's DNA, a description from a survivor and offered a \$500,000 reward.

The victims were shot or strangled, or both, usually after some kind of sexual contact.

Ten victims were women and several were prostitutes.

All the bodies were found outdoors, often in alleys.

THE ASSOCIATED PRESS

# Conrad Black lobs a legal fastball

THE CANADIAN PRESS FILE PHOTO



► Conrad Black is serving a six-year sentence in Florida.

► Jailed media baron asks for bail  
► But key conviction may beat him

Jailed media baron Conrad Black has come out swinging in his fight to save his reputation.

This week he launched a double whammy:

A formal request to be released on bail.

And a new legal challenge to fight his convictions for fraud and obstruction of justice.

But some observers say they doubt Black's plea, launched in a Chicago court, will be successful.

"There's a chance he could have some time shaved off his sentence, but I don't think it's going to be the remainder of his sentence shaved off," said Toronto lawyer James Mor-

ton.

Last month, the U.S.

**"He has such a big ego. I really think in his own mind he's still shocked he was convicted."**

CHICAGO LAWYER  
ANDREW STOLTMANN

Supreme Court ruled a law used to help convict Black on three counts of mail fraud had to be applied more narrowly.

The ruling gave him another chance to argue against his convictions.

But he was convicted of obstruction of justice that carried a 6½-year sentence, which he is serving in a Florida jail. Black's lawyers argue this conviction should also be thrown out.

THE ASSOCIATED PRESS

## U.K. troops will quit lethal area

British troops will withdraw from a volatile district in southern Afghanistan where they have sustained nearly 100 deaths, turning over responsibility to U.S. forces, the British defence secretary said yesterday.

Liam Fox told the House of Commons that U.S. Marines would replace British troops in the Sangin district of Afghanistan's southern Helmand province.

Until the changes are made in October, Britain will bolster its 10,000-strong Afghanistan force.

"The result will be a coherent and equitable division of the main populated areas of Helmand," Fox said.

THE ASSOCIATED PRESS

## French hit plan for census

The organization that represents francophones across Canada says changes to the census will hurt how its communities are served.

The Tory government recently decided to abandon the mandatory long census in favour of a voluntary survey.

But the Canadian Federation of Francophone and Acadian Communities says the long census is critical because that's what Ottawa uses to decide which communities require bilingual services.

President Marie-France Kenny wants the Tories to reverse the decision, or include more questions about official languages in the short census form.

THE CANADIAN PRESS

## 'Do not call' list a sham?

Critics say the national "do not call" list is a sham and should be scrapped after figures suggest there is little enforcement despite more than 300,000 complaints against unwanted telemarketers.

The federal



government said it has imposed \$73,000 in fines in less than two years — but collected

only \$250 as of March 1.

"It is a colossal disappointment," said Dan McTeague (pictured), one of the Liberal MPs who first drafted the "do not call" legislation.

THE CANADIAN PRESS

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# She's 'no Mata Hari'

## ► Mom defends daughter as spy swap looms ► Cold War memories

U.S. and Russian officials met secretly on two continents yesterday in a likely prelude to one of the largest swaps of accused spies in decades.

It's a Cold War remix — showing the high-stakes race for covert intelligence between East and West endures in the new century.

Five suspects charged with spying in the United States were ordered hurriedly to New York, joining five others already behind

bars there.

Meanwhile, a Russian arms-control researcher convicted of spying for the West came out of the cold of his forlorn penal colony by the Arctic Circle and was transferred to Moscow.

Researcher Igor Sutya-gin signed a confession even while continuing to assert his innocence, his brother said.

The brother described the event as one in a series laying the groundwork for Russia to release him and others in exchange for members of an alleged spy ring broken in the United States.

In the U.S., Anna Chapman, 28, was denied bail.

U.S. citizen Vicky Pelaez was granted \$250,000 bail with electronic monitoring and home detention.



► Irina Kushchenko, right, the mother of alleged spy Anna Chapman, speaks to a Russian website.

But the government is appealing the decision.

Chapman's mother, the 50-year-old Irina Kushchenko, said her daughter is "no Mata Hari" and has done nothing

wrong.

"She has the normal life of a 28-year-old woman," Kushchenko said in a video interview posted on a Russian online news site.

THE ASSOCIATED PRESS

## Bridge of sighs

The swap could be the largest since 25 prisoners in Poland and East Germany and four in the Unit-

ed States were exchanged in 1985 — the spies left on a bridge between East Germany and West Berlin.

### The U-2 case

The spy swap would continue a pattern of Cold War spy exchanges.

► In 1962, downed U.S. U-2 spy plane pilot Francis Gary Powers was exchanged for a KGB spy.

## Will it be DJ the GG? CTV names Johnston

David Johnston, an Ontario academic who has worked for both Liberal and Conservative governments, is set to become the next governor general, CTV News reports.

According to the report, the Queen has given her blessing and a formal an-

nouncement is expected as early as today.

Johnston, 69, was born in Sudbury, Ont., and is currently president of the University of Waterloo.

He replaces Michaëlle Jean, who'll be the UN special envoy to Haiti.

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# Man jailed in Bernardo crime sues for \$1.1M

► Says he faces daily challenges ► Convictions for crime Bernardo confessed to were set aside in 2008

A man who spent more than a year in jail for a crime schoolgirl killer Paul Bernardo confessed to is suing police, the Ontario government and his former lawyer.

Anthony Hanemaayer was convicted in 1989 for break and enter and assault with intent to rape.

Hanemaayer said he was innocent, but following the eyewitness testimony of the victim's mother, his lawyer advised him to plead guilty.

Hanemaayer was sentenced to two years less a day and spent 16 months



► Anthony Hanemaayer

in prison.

Bernardo later confessed to the crime, but

Hanemaayer's suit claims when police interviewed him after that confession they did not tell him he had been wrongfully convicted.

Earlier this year the Ontario government denied Hanemaayer compensation, saying such payouts only apply to "rare, unusual cases."

In the suit, Hanemaayer also alleges Toronto police and his former lawyer were negligent.

He is suing for \$1.1 million. The allegations have not been proven in court.

THE CANADIAN PRESS

## Italy. Protest



► A man is held back by police yesterday in Rome.

RICARDO DE LUCA/THE ASSOCIATED PRESS

## Protesters decry quake response

Demonstrators confronted police during a protest organized by residents of earthquake-stricken L'Aquila in downtown Rome yesterday. The demonstrators, protesting against the delays in the reconstruction following the earthquake that killed more than 300 people last year, clashed with police as they tried to get close to the office of Prime Minister Silvio Berlusconi.

## Edwards' mistress seeks profit

Lawyers for John Edwards' mistress said she should profit from a book written by an aide. Rielle Hunter's attorneys said she was entitled because Andrew Young promoted it by talking about an Edwards sex tape.

THE ASSOCIATED PRESS

## Arrest in plane door attempt

A 47-year-old Newfoundland woman is facing several charges after a passenger tried unsuccessfully to open the door of a Westjet flight while in the skies over the Prairies.

THE CANADIAN PRESS

## Israel releases photos

Israel's military released maps and aerial photographs yesterday showing what it described as a network of Hezbollah weapons depots inside villages in south Lebanon, near the Israeli border.

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## Buyer's market in real estate for rest of 2010

► Royal LePage president foresees 'much more stable' housing market over the next 18 months

Home buyers can expect more choice and lower prices in the second half of 2010, while sellers can expect fewer offers for their homes, says one of Canada's leading real estate brokers.

"Accurate pricing is going to be really key," said Phil Soper, president and chief executive of Royal LePage Real Estate Services.

In its latest housing survey, Royal LePage said yesterday the real estate market will start to slow in the second half of 2010 with the number of sales expected to fall compared with the hot activity early in the year.

"If you're a seller, the



► Phil Soper

first thing you should expect is fewer multiple offers on your home," Soper said, adding that sellers who try to squeeze extra money out of their homes will likely have their homes "languish" on the market, unless they're ex-

# 6.8

Royal LePage is forecasting that by year's end, home prices will rise an average of 6.8 per cent over last year.

ceptional properties.

The housing market has been a strong pillar under Canada's economic recovery, mainly due to low mortgage rates and positive consumer confidence. But interest rate increases and stiffer bank lending rules have taken some of the steam out of the sector.

THE CANADIAN PRESS

### Market moment

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\$4.565  
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\$1,198.60 US  
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### Publisher settles lawsuit

Penguin Canada employee Lisa Rundle is getting her old job back, the publishing house announced yesterday, a day after it was revealed that a sexual harassment lawsuit she filed against her former boss has been settled.

Last month, Rundle filed a lawsuit against Penguin Group Canada and its former president, David Davidar. The suit alleged that she was sexually harassed by Davidar and had been wrongly terminated by Penguin. THE CANADIAN PRESS

### The new boss

While announcing Lisa Rundle's return, Penguin also named Mike Bryan the new president of Penguin Canada.

### News in brief

#### CNR to go on hiring blitz

RAILROAD. Canadian National Railway Co. plans to hire as many as 2,000 people annually over the next five years to replace retiring employees and reduce operating costs.

METRO NEWS SERVICES

#### EU keeps eyes on Google

BRUSSELS. The European Union's antitrust chief said yesterday he is looking "very carefully" at allegations that Google Inc. unfairly demotes rivals' sites in search results. Officials said they were aware of the "importance of search to a competitive online marketplace."

THE ASSOCIATED PRESS

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# HOW MANY TIMES CAN WE COME OF AGE?

He says ...

**JOHN MAZEROLLE**



Canadians are full of it.

The media slant of this year's Canada Day was that we are a shy country, which now — at long last! — believes in itself.

What a load of hockey pucks. We're downright delusional.

This notion that we are a country that "finally" found its national identity is a story we've told ourselves a dozen times.

Confederation, Vimy Ridge, entering the Second World War, Expo '67, Paul Henderson's goal in the 1972 Summit Series. And all those things happened before I was born.

How many times can a country come of age?

It's a myth that Canadians

are not patriotic. I was recently at a bar sitting next to a guy

who was waxing nostalgic about Sidney Crosby's Olympic overtime goal. He said he had been "everywhere," but Canada is the best. When I said I had travelled a lot and enjoy New Zealand and Austria as much as Canada, he looked at me like I had strangled a beaver.

Canadians are not arrogant in the American way, but we are incredibly

smug.

**"Clinging to the myth of humility makes it too easy to pat ourselves on the back for things that don't really matter, like our geography and our hockey medals. Our worth as a nation will never be determined on the power play."**

We're as likely as Americans to say our country is better than everybody else's (whatever that means), and surely we're the only nation in the world that boasts about being humble.

We're proud of how we pronounce the last letter of the alphabet, for God's sake.

We love to believe we're the withering wallflower who bursts onto the dance floor after years of long-

ing gazes toward the world-class girl. But, in reality, we've always been the self-satisfied guy, who smirks to himself and wonders when everyone will notice how awesome he is.

We cling to our "humility" and then claim we're newly proud every time anything noteworthy happens, like joining American military missions, staying out of American military missions, getting mentioned on The Daily Show, or winning Olympic gold.

Clinging to the myth of humility makes it too easy to pat ourselves on the back for things that don't really matter, like our geography and our hockey medals. Our worth as a nation will never be determined on the power play.

I don't do Canadian stereotypes. I'm sorry.

Cartoon



## Long live the monarchy

**Letters & Tweets**

We asked: Should Canada cut ties with the monarchy?

**TORONTO.** I have no British blood. My parents came from republican China. Yet, I am a monarchist.

As the apex of our society, our sovereign is the fountain of honour; it is in the Queen's name that our national honours are dispensed. In our hereditary monarchy, we have a living link with our cherished past. In our fast changing society, our monarchy represents stability.

Yes, we have a popular and beloved monarch today. But our monarchy is based on more than mere

**Head of state**



CHRIS YOUNG/THE CANADIAN PRESS

affection. It is based upon loyalty to an historic institution that has served and continues to serve us well.

**GARTH LOW**

**HALIFAX.** Swimming is not only a great way to incorporate exercise into your day, but it's a great way to beat the summer heat. But it's important you take the proper steps to stay

safe in the water.

To prevent backyard swimming injuries, ensure children are supervised at all times.

Adults also need to practise water safety. It is important to pay attention to the distance from shore, water temperature and currents.

**JANE BROOKS, PRESIDENT, DOCTORS NOVA SCOTIA**

**30 minutes: Facebook or World Cup? Why?**

**Email**  
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Metro has the right to edit letters and submissions.

**Noteworthy**

**No more booze in race water bottles**

San Francisco's Bay To Breakers footrace is famous for its lack of rules, but organizers say there's one racers will have to follow next year. Organizers of the bawdy annual run through the city announced yesterday they're banning booze

next year and challenging the estimated 92,000 people who descend upon the 12-kilometre course to do so sober.

The race draws serious runners, as well as drunken revellers in risqué outfits — or no outfits at all.

**THE ASSOCIATED PRESS**

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## Metro Minute at fiddle festival

Toes are tapping in Dartmouth today. The 61st Maritime Fiddle Festival kicks off today with fiddle and step-dance competitions, workshops, and other events throughout Dartmouth until Monday.

There's an opening reception with an open performance stage tonight at 7 at the East Dartmouth Community Centre fol-

lowed by the opening party at the Celtic Corner Public House at 10 p.m.

This year's fiddlin' lineup includes Calvin Vollrath, Jocelyn Bourque, Keith Ross, Ivan and Vivian Hicks, and many others.

This 61-year-old event has grown to be Canada's longest running fiddle festival and competition.

● **METRO HALIFAX**



CONTRIBUTED

► The Maritime Fiddle Festival opens tonight in Dartmouth.



2  
scene

# Nothing Despicable about Jason Segel

► Actor turns to dark side (sort of) in animated comedy ► Reveals plans for The Greatest Muppet Movie Ever Made



STEVE GOW  
FOR METRO CANADA

Jason Segel's part in the comedy *Despicable Me* may have been a bit shy of being the role of a lifetime but the charming actor is quite happy with the results.

"It certainly is the most positive thing I've ever done," said Segel over the phone only moments after appearing on *The Tonight Show* on Tuesday. "Most of what I've done has been R-rated comedies and to some extent, raunchy or subversive, and I love that stuff too but the idea of doing a movie that a whole family can enjoy together is really a special thing."

Sure, being one of the stars of an animated film about a supervillain who reluctantly adopts three kids was unique, but in truth, it's not really a departure for Segel.

After all, the California native may have risen to fame writing, starring and pulling a full monty in the 2008 hit *Forgetting Sarah Marshall* but Segel's secret



"Voice over) is like the cushiest job of all time ... it's sort of an excuse to go nuts in a recording studio for a few hours."

JASON SEGEL

passion for puppetry is more aligned with the star's kid-friendly persona. "Literally, five years ago I was like a weirdo with puppets," said Segel. "Now that it's my profession, it's like super cool."

And it is now officially his profession. Having written the script for next year's *The Greatest Muppet Movie Ever Made*, Segel was responsible for reimagining Miss Piggy and company while creating an entertaining film for both kids and adults. "There's no reason that a family movie can't be something that legitimately the whole family is enjoying."



► In *Despicable Me*, Jason Segel voices Vector, an up-and-coming bad boy out to make a name for himself in the world of supervillainy.



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## Album reviews

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## Leaders of the pack

## Wolf Parade

Album: Expo 86  
Label: Sub Pop/Outside

Since Wolf Parade made their huge splash on the North American music scene in 2005, the Montreal band's members have been mostly focused on their other projects. Singer Dan Boeckner fronts Handsome Furs; vocalist Spencer Krug is in Sunset Rubdown among other acts. And these other bands are, these days, a lot better than Wolf Parade. But Wolf Parade, which also features Arlen Thompson on drums and former Hot Hot Heat member Dante DeCaro on guitar, is still pretty damn good.

The band's latest disc was made quickly, in about four months, which might be one reason why this is the groups most organic effort. The Arcade-Fire-meets-Springsteen tune Palm Road sounds more relaxed than anything that's come before it



— the guys sounds free from the pressures that followed them after releasing their debut. And, because their other acts are successful they can do whatever they want here. While Expo 86 all sounds very Wolf Parade — the bouncy, frenetic tunes with layers of instrumentation are still in tact — there is a difference be-

tween Boeckner and Krug's songs, more so than ever. The latter songwriter is more straight ahead rock; the former is more adventurous. It makes for a sometimes-choppy disc, but also provides a lot of variety. Overall it's a good listen, one most Wolf Parade fans will enjoy.

● BRYAN BORZYKOWSKI  
FOR METRO CANADA



## Scissor Sisters

Album: Night Work  
Label: Downtown/Universal

There's no shortage of club-by dance rock these days, but the Scissor Sisters seem to be the most genuine of all the ass-shaking bands. The group have always maintained a good balance

between over-the-top bombast and organic, guitar/piano-based rock and they do it again on their third record — their first in four years. Night Work is more guitar-focused than their previous discs, but it's got the same infectious, Elton John-like grooves as always.

● BRYAN BORZYKOWSKI



## Kylie Minogue

Album: Aphrodite  
Label: EMI

She may be 42 years old, but Kylie still inhabits all of the beauty and sexuality of her 11th album's titular character. Executively produced by Stuart Price (Madonna) and featuring 14 other producers and 28 songwriters,

Aphrodite doesn't really benefit from so many people. In fact, it's pretty close to every Kylie album since she was reborn on 2000's Light Years. While it's majestically put together, for an artist as celebrated as Kylie, Aphrodite never produces anything as memorable as the songs that made her an icon.

● CAM LINDSAY



## Big Boi

Album: Sir Lucious Left Foot: The Son of Chico Dusty  
Label: Def Jam

He never had the outgoing personality and visual panache of Andre 3000, but Big Boi always had OutKast's best interests in mind when it came to hip-hop.

On his first proper solo album, he once again emphasizes this, outdoing himself with a dexterous effort that picks up where 2003's Speakerboxxx left off. While it may only be credited to Big Boi, Sir Lucious Left Foot is the OutKast album we've been waiting seven years for.

● CAM LINDSAY

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►Canadian Jillian Harris poses with Ed Swiderski, after she chose him in the season finale of the dating reality series

# Back to Bachelorette

► It seems that Canadian Bachelorette star Jillian Harris has split with her TV sweetheart, Ed Swiderski ► It's a second bitter split for the series

The perky Vancouver brunette, who picked Swiderski out of 30 suitors on the fifth edition of The Bachelorette, tells Us Weekly they have called

off their engagement.

The 29-year-old Harris says she's "really sad, but I have to look out for me" while Swiderski says, "Jillian isn't happy and I'm

definitely sad about the whole thing."

Earlier this week, Harris told OK! she had left the couple's Chicago-area home and moved in with

her parents in Kelowna, B.C., but that the split was not permanent. The couple was dogged by infidelity rumours last summer

THE CANADIAN PRESS



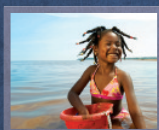
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## Live Life in a Day of YouTube

With the help of director Kevin Macdonald, producer Ridley Scott and a few hundred other filmmakers, YouTube is making a movie.

YouTube is organizing the creation of Life in a Day, a project that plans to document July 24 with user-submitted videos from around the world.

YouTube is asking people to upload footage of their daily lives. Macdonald serves as director and will edit together a feature-length documentary from the submitted material. Scott will produce.

Users must be at least 13-years-old and can see other content at youtube.com/lifeinaday

"I hope it will be something that will open people's eyes to the possibilities of user-generated film," Macdonald said. "Of course, it's a risk. It could be that I won't get anything interesting back. But I don't think that will



**20** The film will premiere at the Sundance Film Festival in January. 20 of content producers will be flown to Sundance for the premiere.

be the case. I'm sure there will be some real gems, some real magic, which is what I'm looking for."

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# Future uncertain for Lohan's career

► Embattled star's new movies, fashion line placed in doubt after prison, rehab sentences

Lindsay Lohan's future includes a new fashion line, two new movies, some time in jail and another stint in rehab.

The actress was sentenced yesterday to 90 days in jail and 90 days in a residential substance-abuse program for violating her probation stemming from two separate 2007 cases of driving under the influence of cocaine and alcohol. She is to surrender and begin her jail sentence July 20. Rehab will follow.

The punishment, levied by Superior Court Judge Marsha Revel, will keep Lohan from promoting *Ma-chete*, the Robert Rodriguez action film due in theatres in September. Fox, which is releasing the film, had no comment yesterday.

Lohan's sentence may also prevent her from fur-

ther promoting her new fashion line, 6126. The first items from the 280-piece collection are shipping out to department stores nationwide this month. Lohan was instrumental in the line's design and marketing plans and is featured in its promotional materials. Her business partner, Kristi Kaylor, did not immediately respond to phone and email messages seeking comment.

Judge Revel chastised Lohan for missing a court hearing in May while attending the Cannes Film Festival and repeatedly skipping out on court-mandated alcohol education classes. She said Lohan lied about using drugs and tried to blame others for the two driving offences when the original charges were filed.

THE ASSOCIATED PRESS



► On the bright side, no one doubts her acting talent after yesterday's performance

## Lohan dad inexplicably thinks his opinion holds any merit

Hours after his daughter was sentenced to 90 days in jail, Michael Lohan was on Larry King Live giving his reaction to the news. "Dismay, but at the same time a little satisfaction

that she's going to rehab," he told Larry King of his feelings about the sentencing. "The last thing I wanted was for my daughter to go to jail." Immediately after the interview, Lohan

headed to West Hollywood bar the Saddle Ranch where he smiled and posed for photos, telling TMZ he was going to phone his daughter from inside the bar. METRO WORLD NEWS



► Staging your photo op at a bar after your child's sentencing? Stay classy, dad

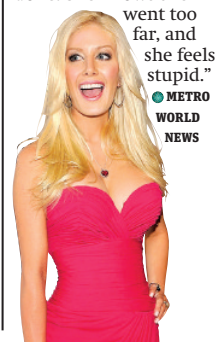
### Talking points

#### A date night by Twilight

SIT DOWN, TWIHARDS — THIS IS GONNA STING. Robert Pattinson and Kristen Stewart stepped out in public for the first time since their promotional duties for the latest *Twilight* film started winding down, heading to Hotel Cafe in L.A. to see Pattinson's pal Sam Bradley perform, according to Popsugar. The evening before, the pair had surprised fans by popping up at a showing of their new film.

#### Montag 'regrets' plastic surgery

BUT WHAT SHE REALLY MEANS IS THAT SHE REGRETS NO ONE CARES ANYMORE. Just months after proudly undergoing 10 plastic surgery procedures, Heidi Montag is regretting her decision. "She's thinking about a plastic surgery make-under now that she's separated from [husband] Spencer [Pratt]," a source tells *Heat* magazine. "He was the one who wanted her to get the work done. She knows she



went too far, and she feels stupid." METRO WORLD NEWS

### Celebrity tweets



**Joan Rivers** [AJoanRivers] I love NY, but there are lots of rapes. My friend on West 93rd can't have sex with her husband unless he chases her down a dark alley first.



**Lindsay Lohan** [ALindsayLohan] thank you so much @KimKardashian - thanks for being such a good friend, it means a lot to me



**David Lynch** [ADavidLynch] If you're planning to chop wood in the near future, @BestMadeCo makes the best & most beautiful axes. I got the axe w/ the white stripe & purple stain. It's real pretty & super well made.



**Conan O'Brien** [AConanOBrien] My horoscope says I "never let a struggle stop me." At least that's what I think it says, I can't get the cookie all the way open

● METRO WORLD NEWS

## Lowe takes on Miramax

Rob Lowe has a new role in the entertainment industry in mind. The actor has reportedly teamed with mogul Tom Barrack to acquire languishing Miramax Films, according to TMZ. METRO WORLD NEWS



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3  
life

► Two Canadian icons — Roots and author Douglas Coupland — have created a Canuck-inspired fashion line ► Roots X Douglas Coupland features clothing for all ages

# Wear your Roots on your sleeve



**It's your first time designing fashion wearables, what attracted you to the Roots X Douglas Coupland collaboration?**

Doing something new about Canada. I see the project as both art and design, but what makes it such a good, uncynical fit is that both Roots and I have been exploring Canada for a long time now (Roots 30 years; me 10). It's been a really good date.

**Where did the Canada Goes Electric theme come from?**

Believe it or not, the 1950s; when the world began going high (for the times) tech. While the world outside of Canada was paranoid and using technology for war and fear, Canada gave the world, among others, Marshall McLuhan and his theories on media which were exciting, new, forward looking and, yes electric. I want the pieces

in a broad and accessible way to convey that sense of optimism and wonder.

**You have been exploring Canadiana for a number of years. Tell Metro about some of the imagery you used in the collection.**

No more moose in your face. No more Mounties. No more all the usual stuff we've kind of grown tired of. (Although a stylized moose appears in a crest I

did for the series.) The Olympic opening and closing ceremonies are probably the last time we can ever use all of that cliché material ... know what I mean?

We're very lucky in Canada to still have a future. Most of the world doesn't have that right now. We need to go forward and find new ways of saying who we are.

● METRO NEWS SERVICES



## In stores

► **PRCHASE** Items range from \$3.99 to \$1,973 for the limited edition silver leather Centennial jacket. The Roots X Douglas Coupland collection is available in Roots stores nationwide.



SIDEWALK SALE JULY 8 - 18

DOWNTOWN FABULOUS







► Dolce &amp; Gabbana

Trend-  
watchingThe men's  
shows

From the looks of the Paris and Milan shows, men will have plenty to choose from in the way of tailoring and updated workwear classics come spring 2011. Dolce & Gabbana returned to its roots of Sicilian tailoring for their 20th anniversary show, with sharp black and white suits (is the three-piece making a comeback?) that could go from the office to the dinner club, while Prada gave the staple a more light-hearted, leaner treatment for daytime. And for her first collection as creative director of Alexander McQueen, Sarah Burton took the suit to a decidedly English place with reinterpretations of the morning suit and Victorian silhouettes. ● KENYA HUNT



Prada

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- KENT CLARKE**  
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- ROBERT CRAGG**  
"He is very personable and great to talk things over with."
- WAYNE BACCHUS**  
"Wayne explained everything and made sure we understood everything to do with our Purchase before we left. I would recommend him to anyone."
- PAT CASSIDY**  
"If you are thinking of buying new construction or a re-sale condo Pat is the lawyer to go to."

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## Try to involve the kids

Get your child involved in the decorating process; which colour of towels, bed sheets, lampshade would they like? Get them to hand-paint an old cardboard lampshade and use it in their room or fill a large bulletin board with their favourite images. Giving your kid a voice in decorating helps to promote creativity. **KARL LOHNES**



## DIY projects for summer

If you find yourself inside a little too much this summer take advantage of it and tackle all those indoor projects. Keep your house or condo on trend this season without breaking the bank with a few quick and easy DIY projects.

### Refurbish furniture

Spruce up a coffee table, refinish a wardrobe or breathe new life into tired cabinets with a simple to apply stain, like Varathane premium foam stain that is easy to use and avoids messes created by traditional stain products. The non-drip foam stain is thick like whipped cream and can be applied vertically by rubbing onto the surface with a cloth. Be sure to sand and clean the surface thoroughly before applying. The stain is available in many

different and popular colours like dark walnut and golden pecan.

### Spice up accessories

Create a whole new look in your living spaces by changing the colours of key accessories like vases, mirror frames or even a bookcase. Pick bold, trendy colours like plum or navy blue and choose a no-fuss spray paint like Painter's Touch to ensure a smooth and vibrant finish on any surface.

### Create a feature wall

Changing the colour of one wall in a room can change the entire look of the space. Whether you choose to paint or wallpaper, look for dramatic colours or patterns to create an eye-catching look.

NEWS CANADA

# Time to let the kids do some decorating

► With school out, it's a perfect time to decorate for your kids

## DECOR MOMENT

KARL LOHNES  
HOME@METRONEWS.CA



A child's room is their haven; whether as a place to hang out with friends, chat online, watch TV or listen to music. I have helped many families decorate nurseries, children and teens' rooms, and I have learned a few things directly from the kids about decorating:

**1** Girls don't always want pink walls; boys don't always want blue walls. As an alternative, try using complementary paint colours; paint a boy's room bright orange (hey, if it's good enough for the guys at Home Depot...). Orange complements deep blues, greens and browns beautifully. Paint a girl's room deep charcoal grey — which looks fashionably fabulous — with accents of bright pinks, purples and lime greens. If you are a bit weary of painting their entire room a bold colour, just

### Widen the search

Don't decorate your child's room strictly from the baby section of a store. Look for fun and whimsy lamps, pillows and art. Check out stores like Urban Outfitters, Ikea and Homesense for well priced stylish accessories.

add it to the inside of their closet or all the doors of their room for impact and fun.

**2** A newborn's nursery is not to be decorated for the baby, but for the caregiver. Face it, your baby will never remember the Pooh bear border. Consider a 5x7 Persian-style rug, a hanging chandelier, dark wood book cases or an antique dresser; things you might already have will help keep the budget low for the first few years.

**3** Kids have personalities. Kids are creative. Kids want to have input. Now the fun starts; buy a second hand dresser and paint it their favourite colour of high-gloss paint or slipcover an old chair in flannel cowboy and indian pajama material. Go crazy.



► Girls don't always want a pink room, boys don't always want blue, it's time to expand your colour horizons.

## Tips on making walls fun

Walls are no longer just for hanging pictures on. Now you can turn your walls into a chalkboard, make it glow in the dark with a coat of paint, or even make it magnetic to play tic-tac-toe.

Whether you're decorating your child's bedroom or creating a playroom for the kids, don't be afraid to have a fun with your walls.

Turning a wall into a magnetic play space for your kids is easy if you follow these simple steps:

- Clean wall surface and allow to dry fully.
- Tape off the area, stir primer well.
- Apply multiple thin coats of Rust-Oleum Specialty Magnetic Primer, allow 30 minutes between coats of primer.
- Allow primer to dry for at least four hours then apply a top coat of any latex paint.

NEWS CANADA



► Your kids will love having a magnetic surface to play around with.



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# Cookbook explores P.E.I.'s treasured fare

► Trio of chefs from Canada's smallest province bring its flavours to the rest of the world ► Not just potatoes and mussels, although they are there too

Regions such as Tuscany in Italy and Nantucket in the United States are known for their definitive guides to food and wine.

Now three chefs based in Prince Edward Island want visitors to their shores to come away with memories of their very special cuisine.

That starts with their newly released cookbook *Flavours of Prince Edward Island: A Culinary Journey* by Jeff McCourt, Allan Williams and Austin Clement (Whitecap, \$39.95, paperback).

"P.E.I. is truly a network

**"P.E.I. is truly a network of fishers, farmers and cooks."**

JEFF MCCOURT

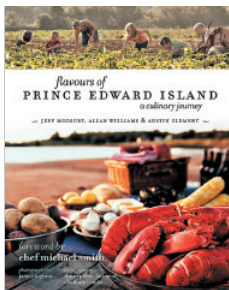
of fishers, farmers and cooks," says McCourt, speaking on behalf of his fellow authors.

"And it's that kind of relationship we have built up over the years," he says, citing a local market gardener he has cultivated.

"This lady supplies half the city of Charlottetown with fresh herbs," he says. "She calls me every winter and we go over her seed catalogue to see what other produce she wants to grow (for me) in the spring."

Renowned chef Michael Smith who penned the foreword and lives and works on the Island, writes that "we are blessed to know the people that produce our uniquely local and globally special food."

And that is evident



throughout the book as chefs McCourt, Williams and Clement tell stories about the Island's cooks, farmers and fishers and their own heady experiences with freshly caught lobsters, oysters, mussels and clams.

And that's not all their tales contain. They write

about foraging for mushrooms, buying artisan charcuterie at a farmers market and harvesting fresh cranberries from a local bog.

Other delicacies from the Island pantry are blueberries, potatoes, beef, pork, cheese and, to wash them down, fruit wines and spirits.

Scattered among the prose and recipes are stunning photographs from this culinary paradise by Nova Scotia photographer James Ingram.

P.E.I. mussels are considered "Island Gold." Over 17 million kilograms are harvested and shipped worldwide and are served in restaurants as far-flung as New York, Chicago and Tokyo.

THE CANADIAN PRESS

## Grilled Chicken Sandwich



► A tasty grilled chicken sandwich

### Ingredients :

- 1/4 cup sweet and mild condiment
- 2 tbsp cider vinegar
- 2 tbsp honey
- 1 tbsp olive oil
- 1 tbsp cold water
- 3 boneless, skinless chicken breast
- 1 celery stalk
- 1/4 cup red onion
- 1/4 cup red bell pepper
- 1 green apple
- 1 tbsp fresh parsley
- 1/4 cup mayonnaise
- 1 tsp lemon juice

and water.

- Grill chicken breasts for 6 to 8 minutes per side until fully cooked, basting with condiment and honey mixture.
- Combine sliced chicken, celery, red onion, red pepper, green apple, parsley, sweet and mild condiment mayonnaise, lemon juice and salt and pepper. Mix well.
- Place a leaf of lettuce on buttered bread. Top with the grilled chicken salad mixture, then add a slice of fresh tomato, 2 slices of crispy pan-fried bacon and top with a slice of bread.

### Preparation:

- In a small bowl, whisk together the sweet and mild condiment, cider vinegar, honey, olive oil

## Superfood: Apricot



Synonymous with summer, apricots are delicious eaten dried or fresh. Small and with a pretty golden/orange velvety skin, apricots are sweet and musky in taste and are delicious sprinkled on cereal or eaten on their own.

They are full of beta carotene and fibre, both essential in young looking skin and a healthy heart.

The fruit is high in vitamin A, a powerful antioxidant essential in the promotion of good vision.

● ROMINA MCGUINNNESS/  
METRO WORLD NEWS

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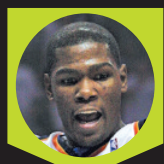
**COMING SOON**



4  
sports

## NBA Watch

Carlos Boozer is headed to the Chicago Bulls. A source told The Associated Press Boozer agreed to a deal with the Bulls and is leaving the Utah Jazz after six seasons.



Kevin Durant didn't go for a spectacle in announcing where he'll be for the next five years. Instead, Durant simply posted an update on his Twitter page yesterday, saying he'd agreed to a five-year contract extension with the Oklahoma City Thunder. Durant can't sign the deal until today and team spokesman Brian Facchini said he could not confirm the deal under NBA rules.

THE ASSOCIATED PRESS



Scan for code for Sports news

# Spain heads to World Cup final

- Puyol's header secures first-ever World Cup final berth for Spain
- Date with the Netherlands set for Sunday at 3:30 p.m.



Carles Puyol soared high to head in the goal that sent Spain into the World Cup final for the first time with a 1-0 win over Germany yesterday.

In a rematch of the 2008 European Championship final that Spain won by the same score, Puyol leaped in the centre of the area in the 73rd minute to score from Xavi Hernandez's corner kick, finally giving Spain the lead after having dominated from the opening whistle.

"The group deserves this but we want more," said Spain striker David Villa, who is tied with Netherlands playmaker Wesley Sneijder for the tournament scoring lead with five goals each.

"We are happy to be in the final, that was our objective, but now we want to be champions."

Spain's best previous World Cup finish was

fourth in 1950, when the final round consisted of a four-team group.

In Sunday's final at Soccer City, Spain will meet the Netherlands, which has also never won soccer's biggest trophy.

Spain controlled throughout with its precision passing game, playing just the way it hoped to, but had trouble finishing until Puyol's late strike.

At the final whistle, Puyol raised his arms in triumph as goalkeeper Iker Casillas jumped on the centre back's shoulders.

For much of the game, three-time champion Germany merely sat back and waited patiently to snuff out Spain's attack, hoping to launch a counter-attack that rarely took off.

It was a sharp change from Germany's last two outings, when it scored four goals each in impressive victories over England and Argentina. Germany sorely missed suspended winger Thomas Mueller, who had scored four goals so far and was often able to outprint opponents.

"In the last two or three years they have been one of the best and most united teams," Germany coach Joachim Loew said of Spain. "They circulate the ball well and we couldn't play the way we like to play."

THE ASSOCIATED PRESS



► Spain's Carles Puyol, front, scores with a header yesterday.

## Bosh leaves Raptors to play with Wade in Miami

Chris Bosh is leaving Toronto for Miami, saying it's not about the money, but about winning.

Ending months of speculation, the former Raptors forward announced yesterday that he will sign with the Miami Heat, joining his good friend Dwyane Wade.

Both Wade and Bosh were part of this year's blockbuster free agent class that also includes Le-

Bron James, who will announce his intentions on ESPN tonight.

It had long been expected that Bosh would not return to Toronto, but yesterday's announcement provided the confirmation.

In an interview with ESPN, Bosh said he wanted to land with a team that would compete for an NBA championship.

THE CANADIAN PRESS



► Chris Bosh

### Sports in brief

#### Nabokov to KHL: Reports

**HOCKEY.** Former San Jose Sharks goaltender Evgeni Nabokov is heading home to Russia to play in the Kontinental Hockey League, according to multiple reports.

Nabokov reportedly signed a six-year contract with KHL team SKA St. Petersburg, home to several former NHL players including Sergei Zubov and Alexei Yashin.

Nabokov has been one of the top goalies in the NHL the past few years, winning a league-best 131 games over the past three seasons.

#### Petacchi doubles up

**CYCLING.** Alessandro Petacchi of Italy won the fourth stage of the Tour de France in a mass sprint yesterday, with the leading contenders for the yellow jersey finishing safely in the main pack. The Lampre rider collected his second stage win of the Tour. **METRO NEWS SERVICES**



# LeBron's big decision will be made for TV

► Superstar's announcement to be broadcast live on ESPN ► Cavs fans, coach hopeful that hometown loyalty will keep James in Cleveland

More than two years of hype, drama, conjecture and expectation have dwindled to a few more hours.

LeBron James' big moment is here — not as an NBA champion but as a free agent. There will be no parade, no ring ceremony, no banner raising.

Instead, on a prime-time TV special his handlers contracted with ESPN, James will announce tonight (TSN, 10 p.m. Atlantic) where he'll play next season and beyond. Fans from coast to coast will tune in, with the ones in his home state of Ohio praying they won't have their hearts broken again. The Decision, it's been dubbed.

In Cleveland, they can



► LeBron James leads a fast break during a game with high school basketball players at his skills academy.

only hope it doesn't join The Drive, The Fumble, The Shot and The Move in the lexicon of misery.

James has kept every-

one waiting. It's time to come clean.

James will announce his plans within the first 10 minutes of the special,

Norby Williamson, ESPN's vice-president of production, told The Associated Press. He said sportscaster Jim Gray, who was hand-picked by James' team, will handle the introduction, announcement and initial questions. A person familiar with the plans tells the AP the interview will take place at the Boys & Girls Club of Greenwich, Conn.

James offered no hints about his plans on his final full day of free agency. His secret remains safe, despite an information frenzy and growing speculation the superstar might join Olympic teammates Wade and Chris Bosh in Miami, a move that would rock the league. **THE ASSOCIATED PRESS**

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## CANOE-KAYAK

## Lake Banook set to host paddlers

Canoe-Kayak Canada's Atlantic Division is hosting an international sprint invitational on Lake Banook in Dartmouth this week.

Paddlers from the United States, Alberta, Ontario and Atlantic

Canada will hit the water tomorrow and Friday, with action starting at 8:30 a.m. each day.

Dartmouth canoeist Jason McCoombs and Halifax kayaker Alexa Irvin, who starred at the Ruhr International Regatta in Germany last month, are among 14 Nova Scotians participating in the event. McCoombs won three medals in Germany while Irvin picked up two of his own.

METRO HALIFAX

## Top amateur golfers tee off

Aaron Nickerson of River Hills shot a 3-under 69 yesterday on his home course in Clyde River, Shelburne Co., to lead the pack at the Nova Scotia Golf Association amateur (15-and-older) men's championship.

The 2008 mid-amateur champion made par on 13 holes and added four birdies to finish one stroke ahead of Springhill's Jeff Bishop and Dundee's Leon Carter, who shared second at 2-under 70.

**20** Number of registrants for the NS-GA women's amateur championship, which starts today at the Clare Golf and Country Club.

Carter, a four-time amateur champion who claimed the mid-amateur crown two weeks ago, is having an outstanding summer.

The second round of the 72-hole event goes today.

METRO HALIFAX

## Tigers get three new players

The Dalhousie Tigers women's soccer team has added three new recruits. Midfielder Daphne Wallace, left back Andie Vanderlaan and striker Biana Jakisa have all committed to the program.

METRO HALIFAX

## Canadians retain league lead

The Halifax Pelham Molson Canadians continue to lead the Nova Scotia Senior Baseball League with an 8-2 record following a 6-5 win over the Truro Bearcats late Tuesday.

METRO HALIFAX

## Fighter will be on 'hot seat' at UFC 119

► Cole Harbour's T.J. Grant will go for 16th career win in Indianapolis in September ► His last triumph at a UFC event was in December of 2009



**MATTHEW WUEST**  
@METRONEWS.CA

T.J. Grant looks at every fight as "make-or-break," but even he admits the pressure will be higher than ever when he steps into the cage on Sept. 25.

The Cole Harbour mixed martial arts star, coming off a May loss at UFC 113 in Montreal, signed a contract this week to face Julio Paulino in a welterweight bout as part of UFC 119 at the

18,000-seat Conesco Fieldhouse in Indianapolis.

With a 2-2 record in the UFC cage, Grant is well aware that losing back-to-back bouts could prove costly.

"I look at every fight this way but I know how it works," Grant said.

"It's tough to always be on the hot seat. My last fight was so close and I want to go out there and make a statement."

Grant, who has a 15-4 career record, was defeated by Johnny Hendricks at

12

The number of times T.J. Grant has won by submission en route to 15 triumphs. He also has two knockouts and one decision.

UFC 113 in a close decision that saw him lose points for two low blows.

The 26-year-old called Paulino a "heavy-handed striker" who has "good credentials." Paulino is 17-

3 overall but is coming off a loss in his only career UFC appearance.

"It's gonna be a tough one," Grant said.

Grant was in Ontario last week for his brother's wedding and recently bought a house.

He'll be training hard from here on in, and said the near-five-month break between fights will help him recharge.

"This is a physically and mentally demanding sport," he said. "It's good to have that downtime."

JOHN HEDGES/UFC



► T.J. Grant, left, battles Kevin Burns at UFC 107 in December 2009.

## Star sprinter opts for slippery slope

Michael Bawol could afford just one plane ticket.

The Halifax sprinter had to choose between going to the Canadian track and field championships in Toronto later this month or attending this week's national bobsleigh team recruitment camp in Calgary.

Bawol chose the latter. "I think I will always be involved in track and field, but really focusing on bobsleigh for awhile might be a

better career move in the long run," Bawol said.

"I thought I'd come out and see what bobsleigh is all about."

The 24-year-old Dalhousie Tigers star has been Atlantic University Sport champion in the 60 metres the last two years.

At six foot one and 200 pounds, Bawol's combination of size and speed is irresistible for Bobsleigh Canada Skeleton, which in-

vited him to an identification camp in Halifax at the end of May.

"Michael is doing very well, actually. He is one of our top recruits," said BCS development co-ordinator Amanda Stepenko.

"We have our World Cup and Olympic athletes coming to check him out."

"He's ranking pretty high in the bobsleigh world so far."

THE CANADIAN PRESS



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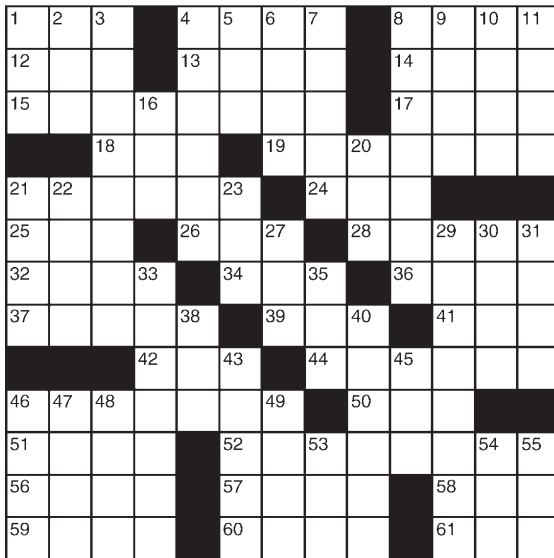
## Crossword

### Across

1 Billboards  
4 Depths  
8 Employer  
12 Drunkard  
13 Settled down  
14 Monad  
15 Sit astride  
17 Mentor  
18 Help  
19 Reduced in status  
21 Loathing  
24 Filch  
25 Census statistic  
26 Tease  
28 Entourage  
32 Anger  
34 "Golly!"  
36 Sgt. Snorkel's dog  
37 Wood nymph  
39 "CSI" evidence  
41 Skedaddled  
42 Tear  
44 Spreads outward  
46 Bedtime wear  
50 Corral  
51 Oil cartel  
52 Linear  
56 Son of Adam and Eve  
57 Amount of booty  
58 — de cologne  
59 Gaelic  
60 Brother of 56-  
Across  
61 Spinning meas.

### Down

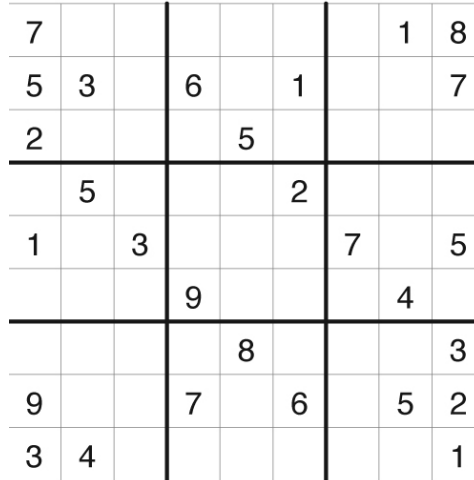
1 Foolish sort  
2 Speck  
3 Tactic  
4 Firetruck need  
5 On in years  
6 Untamed  
7 Handle the helm  
8 Imaginary object  
of fear  
9 Responsibility  
10 Paddock papa  
11 Poker variety  
16 Atmosphere  
20 Jazz style  
21 Difficult  
22 Culture medium  
23 Wield a shovel  
27 Foundation  
29 Alien  
30 Remain  
31 A very long time  
33 Otagia  
35 Type measures  
38 Not bright  
40 Shock  
43 Turkish bigwig of yore  
45 Mainlander's me-



### ► Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

6	8	1	3	4	9	2	7	5
4	2	9	7	5	8	6	1	3
5	7	3	1	6	2	8	9	4
8	1	5	9	3	6	4	2	7
7	4	6	2	8	1	5	3	9
9	3	2	4	7	5	1	8	6
1	9	4	6	2	3	7	5	8
2	5	7	8	9	4	3	6	1

## Send a KISS

Show some love! Send a note to somebody special at [kiss@metronews.ca](mailto:kiss@metronews.ca)

Oscar O,  
I promise to always love you and always hold you in my heart. I will always be here for you when you need me, and I will love you no matter what life brings us. You are my soul mate, and I vow to love you all eternity. I love you, baby <3  
IVA

JWN, thank you for making my last few months my most memorable! xoXO  
ADCD

Oh, hello there Justine! I love you more than I can say, and I hope you know that.

PATTYCAKES

thanks for everything..Daniel Prada i love you so much !!  
ANDREITA)

KY your my everything, I love you with all of my heart.

MIKE



Today  
Sunny  
28° / 17°



Friday  
Showers  
26° / 18°



Saturday  
Showers  
24° / 17°

## Today's horoscope

**♈ Aries** March 21-April 20 You will be on top form today. However you must be careful not to come across as too domineering. Be the best but don't be arrogant about it.

**♉ Taurus** April 23-May 21 Today some of your insights might owe more to wishful thinking than to genuine intuition. Be smart: get a second opinion before you act on your ideas.

**♊ Gemini** May 22-June 21 You may need to give up a certain amount of your independence and let friends and colleagues guide you in the right direction, but if you do you will accomplish great things over the next 24 hours, and the next few days.

**♋ Cancer** June 22-July 22 Everything seems to be coming easy to you now and most of what you desire is yours for the asking. Will there be a price to pay for all this good fortune? Maybe, but it's a price you are more than willing to pay.

**♌ Leo** July 23-Aug. 23 If you experience an energy shortfall today you must take the hint and not push yourself too hard. You may be a livewire Leo but you have limits like everyone else.

**♍ Virgo** Aug. 24-Sept. 22 Anyone who tries to uncover what you want to remain hidden will be told in no uncertain terms to mind their own business. Your blunt attitude may not win too many friends.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 Something you desire will be offered to you on a plate today and, of course, that will immediately get you wondering what strings are attached. Nothing comes for free.

**♏ Scorpio** Oct. 24-Nov. 22 Your confidence is high, but take care you don't go too far and start believing that nothing can go wrong for you. Too much confidence is rarely a good thing.

**♐ Sagittarius** Nov. 23-Dec. 21 This is not the kind of day when you can sit back and let good things come to you. You need to have a clearly defined goal and you need to make an effort. The question is: can you be bothered?

**♑ Capricorn** Dec. 22-Jan. 20 Your no-nonsense approach will cut through all the emotional garbage that others are trying to lay on you. You don't care about feelings, you care about facts.

**♒ Aquarius** Jan. 21-Feb. 18 There is something you really want, something you desire more than anything else, but up until now you have been unable to get it. That could change soon.

**♓ Pisces** Feb. 19-March 20 Isn't it about time that you relaxed and started to feel more positive about yourself? Good things are coming your way and they could even be great things around Sunday.

● SALLYBROMPTON

## Caption contest



## You write it!

Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.



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